

“ARP” stands for Accelerated Recovery Performance and is a Class 2 medical device. It is a therapy approved by the FDA for:

- Muscle re-education
- Relaxation of muscle spasms
- Increased local blood circulation
- Maintaining and increasing range of motion
- Prevention and retardation of disuse atrophy

The Arp wave is a proprietary electrical stimulation modality. It uses both direct electrical current as well as a patented bio-electrical current, simultaneously with active range-of-motion and other exercise techniques. This combination of currents facilitates increased effectiveness of the direct current by allowing higher levels of intensity and deeper penetration while minimizing the discomfort. Other electrical stimulation modalities use only an alternating current which is not consistent with the natural direct current that is found in the body.

The Arp wave has an impressive success rate for improving many types of injuries including:

- ACL & other knee injuries
- Shoulder injuries and pain
- Carpal Tunnel Syndrome
- Lower/Low Back Pain
- Herniated Disc injuries
- Headaches
- Ankle injuries including sprains and strains
- Post-surgical recovery and pain relief
- Inflammation